



DOCTORS

CHAPTER 2

Picture Story

What is happening in these pictures?

Asking Questions


- What is the doctor asking the patient?
- What is the patient asking the doctor?

Describing Symptoms

- What body part is the patient pointing to?
- Why is the patient visiting the doctor?

Word List

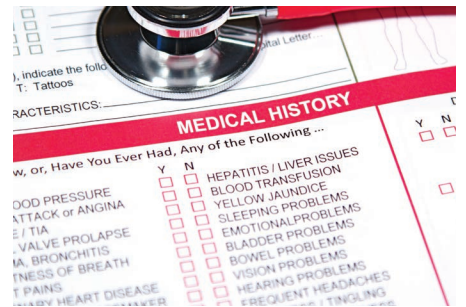
LOOK AT THE PICTURE. READ THE WORD. SAY THE WORD. READ WHAT IT MEANS.

Picture	Word	How do I say it?	What does it mean?
	Allergy	AL ler JEE	Reaction to foods or other things, may cause rash, hives, or other problems
	Fever	FEE ver	When your body temperature is too high
	Headache	Hed A eek	Pain or ache in your head
	Health history	Helth HISS tor EE	The health problems you had in the past
	Medicine	MED uh sin	Used when you are sick or have aches and pain to help make you feel well
	Sore throat	SOR th ROT	When your throat hurts, it is hard to swallow
	Symptoms	SIMP tums	Something that happens in the body that shows you have an injury or illness

Reading

What will the doctor ask me?

- What are your **symptoms**? Before you go to the doctor, practice describing your symptoms in English. Practice with a friend or family member.
- What **medicines** do you take? Before you go to the doctor, write down the names of medicines you take and how much you take each day. Give this list to your doctor. Or you can bring your medicines with you and show them to your doctor.
- What is your **health history**? Your health history is the health problems you have now or had in the past. Your doctor will ask you to fill out a health history form.



What will I ask the doctor?

Be sure you understand the answers to these questions before you leave your **appointment**.

- What is my main problem?
- What do I need to do?
- Why is it important for me to do this?



It is your doctor's job to clearly explain the answers to these questions.

It is your job to be sure you understand the answers before you leave the doctor's office.

John's Story

Read the story and answer the questions.

THIS IS JOHN.



- 1 John is 50 years old. He is a healthy man. Once a year he goes to the doctor for a **checkup**. John's father was not a healthy man.
- 2 He calls his health center to make an **appointment**. He says, "I need to make an appointment for a checkup." The woman on the phone says, "Please come in on Tuesday at 4:30 pm."
- 3 When he arrives at the health center, the woman at the front desk gives him a **health history** form. He fills out the health history form while he waits for the doctor.
- 4 The form asks, "Do you have any **allergies**?" The form asks, "Do you take any **medicines**?" He thinks of questions to ask the doctor. Then the nurse says, "The doctor is ready to see you."

Writing

1. How does John stay healthy?
2. Why does he call the health center?
3. What do they give John when he arrives at the health center?
4. What questions do you think John will ask his doctor?

Speaking

Practice this dialogue with a partner.

Dialogue

Doctor: Hello, my name is Dr. Weston. How may I help you?

Patient: I have pain in my back.

Doctor: Do you have any other symptoms?

Patient: Yes, it hurts when I walk.

Doctor: I can give you some medicine to help. Take it two times a day.

Patient: How long should I take the medicine?

Doctor: Take all the medicine. It should last about one week.

Patient: Thank you, doctor.



Dialogue

Doctor: Hello, my name is Dr. _____. How may I help you?

Patient: I have pain in my _____.

Doctor: Do you have any other symptoms?

Patient: Yes, it hurts when I _____.

Doctor: I can give you some medicine to help. Take it _____.

Patient: How long should I take the medicine?

Doctor: Take all the medicine. It should last about _____.

Patient: Thank you, doctor.



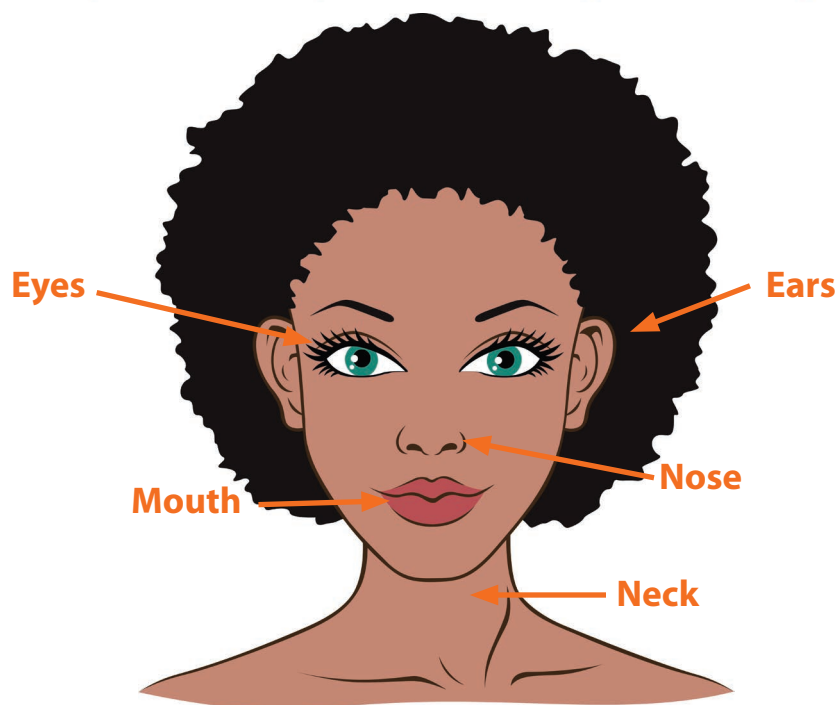
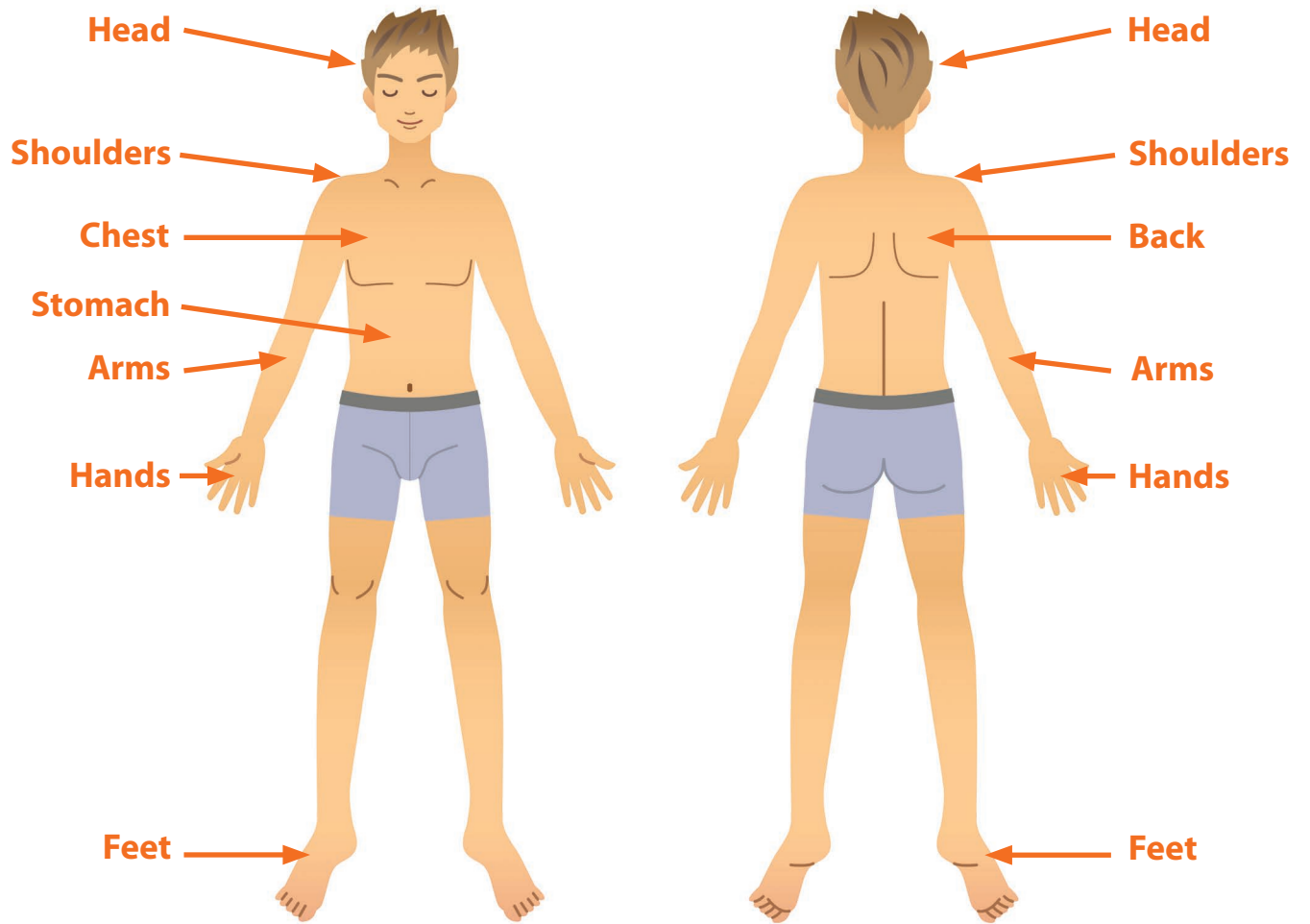
Practice

Read the body parts words out loud in English. Then write the words in your own language. Use the pictures on the next page to help you locate the body parts

Use your dictionary or ask a friend or family member who speaks your language

English	My Language
Arms	
Back	
Chest	
Ears	
Eyes	
Feet	
Hands	
Head	
Mouth	
Neck	
Nose	
Shoulders	
Stomach	

Parts of the Body



Action

Fill out this health history form. Use your dictionary to look up the words you don't know. Save this form and bring it with you to your next checkup.

Name: _____ Date of birth: _____

How is your health? Excellent Good Fair Poor

Have you been to the doctor for checkup within the last year? Yes No

Have you been to the dentist for a cleaning within the last year? Yes No

Check the symptoms you have now or had in the past.

Symptom	Now	Past
Allergies		
Cough		
Dizziness		
Fever		
Headaches		
Itching		

Symptom	Now	Past
Nausea		
Pain		
Rash		
Sore throat		
Stomach ache		

Websites

Questions are the Answer

<http://www.ahrq.gov/apps/qb/>

Choosing a Doctor: Quick Tips

<http://www.healthfinder.gov/HealthTopics/Category/doctor-visits/regular-check-ups/choosing-a-doctor-quick-tips>