

















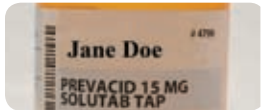



Glossary and Index






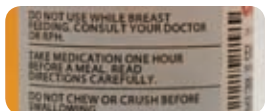
Picture	Word and Pronunciation	Meaning	Find it here
	acute disease uh CUTE diss EZE	a sickness that comes on quickly but does not last long, colds and flu are acute	70
	ambulance AM byou lance	a vehicle that takes you to the hospital quickly in an emergency	9, 12
	appointment uh POINT ment	a time you agree to meet or see someone	8, 14, 16, 27, 30, 77
	arteries ART er eez	the tubes that carry blood to your heart	72
	asthma Az muh	when the tubes that carry air to the lungs narrow and make it hard to breathe	30, 70, 71, 75, 76, 78
	bilingual phrase book by LING gwal FRAYZ book	a book with common words and sentences in one language translated into another language	22
	cancer KAN ser	a disease that causes your body to make cells that are not normal	12, 13, 27, 52, 54, 58, 70, 74, 78, 83, 84, 86, 87, 89
	capsule CAP sul	a pill that contains medicine, you swallow a capsule whole, you do NOT open or chew it	37, 39, 42, 47
	checkup CHECK up	a visit to the doctor when you are not sick, also called a well visit	4, 5, 6, 7, 10, 20, 73, 77
	cervical cancer SER vik all KAN ser	cancer of the cervix, the opening to a woman's uterus	6
	chronic disease KRON ik diss EZE	a sickness that you have for a long time, diabetes and heart disease are chronic	65, 70, 71, 73, 75, 76, 77, 78

Picture	Word and Pronunciation	Meaning	Find it here
	clinic KLIN ik	a type of health center, a place where you get health care	4, 7, 12, 13, 14, 17, 32
	community health center kom YOU nitty HEALTH SEN ter	a type of health center that serves the community and often provides free and low cost health care	4, 14
	diabetes di uh BEE teez	when your body cannot turn the sugar you get from food into energy	30, 52, 58, 65, 83, 84, 87, 89
	dietician di uh TISH un	an expert that can help you learn how to eat a healthy diet	65, 90
	dose DOSE	how much medicine to take at one time	40
	drug DRUG	another word for medicine	15, 30, 36, 39, 45, 48
	drugstore DRUG store	where you go to buy medicine, also called pharmacy	36
	emergency ee MER gen see	when there is a serious problem and you need help right away	4, 5, 8, 9, 12, 17, 75, 77
	examining room ex AM in ing room	the small room in a doctor's office where the doctor sees and examines you	21
	exercise EX er size	physical activity that keeps the body healthy	6, 30, 70, 72, 74, 75, 76, 77, 84, 85, 88, 89, 90
	expiration date ex pir A shun date	do NOT use the medicine after this date; throw it away	38, 39

Picture	Word and Pronunciation	Meaning	Find it here
	follow-up FALL oh up	to check on someone again later to see how they are doing	27
	generic medicine gen AIR ik MED uh sin	not a name brand medicine, usually less expensive than name brands	47
	gown gOWN	a type of dress or long shirt you put on at the doctor's office, sometimes called a "Johnny"	21
	health care HELTH care	the care you get at a hospital or health center to keep you healthy or make you well when you are sick	4, 5, 6, 7, 8, 9, 10, 11, 12, 14, 15, 16, 17, 65
	health history form HELTH HISS tor ee form	a form you fill out to tell the doctor which health problems you and your family have now or have had in the past, also called a medical history form	6, 21, 29, 30
	health insurance HELTH in SHER uns	a program where you pay each month and then the program pays for your health care	14, 17, 30
	heart disease HART diz EZE	when the tubes that carry blood to the heart become narrow or blocked, this kind of heart disease can cause heart attack or stroke	52, 58, 72, 73, 74, 76, 77, 89
	high blood pressure hi BLUD Presh sher	When your heart is working too hard to move the blood around your body	58, 70, 73, 76, 78, 89
	immunization im you ni ZA shun	a shot or injection that prevents a disease	6, 15
	information desk in for MAY shun desk	located in the lobby of a hospital or health center where you can go to ask questions	11, 12, 16
	interact in ter ACT	to act with, to cause an unwanted result	46

Picture	Word and Pronunciation	Meaning	Find it here
	label LA bel	the part of a medicine bottle or box that describes the medicine and how to take it	36, 37, 38, 39, 40, 41, 44, 45, 46, 52, 60, 61, 62, 64
	lobby LOB bee	A big room where you first walk into when you enter a hospital or health center	11
	measure MAY zher	to use a dosage cup or spoon to get the correct amount of medicine to take	21, 36, 41, 42, 71
	medical history form MED uh cal HISS tor ee form	a form you fill out to tell the doctor which health problems you and your family have now or have had in the past, also called a health history form	6, 29
	medical interpreter MED uh cal in TERP ret er	a person that is trained to translate information from doctor to patient and from patient to doctor	10, 22
	medicine MED uh sin	used when you are sick or you have aches and pains to help make you well again	6, 22, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 70, 75, 76, 77, 86, 90
	nutrient NEW tree ent	in food and need by people to stay strong and healthy, proteins, and vitamins are nutrients	52, 53, 55, 56, 57, 58, 60, 62, 66
	nutrition new TRISH un	how the body uses food to stay healthy	15, 52, 64, 65, 66, 83
	nutrition facts new TRISH un FAX	the label on foods that tells about the nutrients and calories in one serving of that food	60
	obesity oh BEE sit ee	being very overweight, a weight that is dangerous for your health	52, 58, 76, 85, 89
	over the counter drug (OTC) O ver the COUNT er	medicine anyone can buy	22, 36, 38

Picture	Word and Pronunciation	Meaning	Find it here
	patient PAY shunt	a person who is getting health care	12, 30, 77
	pap test PAP test	a medical test or screening that looks for cancer of the cervix	6
	pharmacy FARM uh see	where you go to buy over the counter medicine and prescription medicine, also called drugstore	36
	pharmacist FARM uh sist	a person who works in a pharmacy, the person who fills prescriptions	36, 39, 40, 43, 44, 46, 47
	picture dictionary PIK cher DIK shun air y	a book with definitions of words and pictures to help you understand and remember	22
	prescription (Rx) pre SCRIP shun	you need one of these from a doctor to buy some kinds of medicine	36, 40, 46
	prescription drug pre SCRIP shun DRUG	a type of medicine that a doctor must order for you	15, 22, 48
	prevent pre VENT	to avoid, to make NOT happen	6, 8, 37, 52, 54, 82, 83, 84, 85, 86, 87, 88, 89
	referral re FER al	when a doctor suggests that you see an expert on a certain health topic or disease	15, 17, 27
	refill RE fill	to get more of the same medicine	40
	responsibility re spon sib ILL it ee	an important duty or job, you have a right and responsibility to ask your doctor questions	10, 28
	risk factor RISK fack tor	family history or health habits that make you more likely to get a certain disease	74, 76

Picture	Word and Pronunciation	Meaning	Find it here
	rights RITES	something that you can have or do, you have a right and responsibility to ask your doctor questions	4, 10
	screening SCREEN ing	a medical test that checks for a certain health problem	6
	side effect SIDE e fekt	an unwanted result, that you do NOT want	38, 44, 47
	sodium SO dee um	another word for salt	56, 57, 64
	symptoms SIMP tums	something that shows you have an illness	8, 20, 21, 22, 23, 25, 26, 32, 39, 72, 73, 75, 77
	syrup SIR up	a sticky liquid, like cough medicine	37
	tablet TAB let	a solid form of medicine you chew or swallow	37, 39, 42
	treatment plan TREAT ment plan	a way to make you better when you are sick or hurt, it is how the doctor and you "treat" your sickness.	75, 77
	warning label WAR ning LA bel	a label that describes dangers and what NOT to do when taking medicines	44, 45, 46
	well visit WEL VIZ it	a visit to the doctor when you are not sick, to make sure you are healthy	5, 10